

Evaluating Your Current Position

The 20 statements below are intended to describe to a greater or lesser extent your current position. For each statement, circle the number that best corresponds to your feelings. On this scale, 0 means "not at all" and 5 means "very much."

- | | |
|---|-------|
| 1. The position draws on my strengths.
0 1 2 3 4 5 | _____ |
| 2. The position provides me with the training/experience I need.
0 1 2 3 4 5 | _____ |
| 3. The position doesn't clash with the "real me".
0 1 2 3 4 5 | _____ |
| 4. The position will not impede my long-range development.
0 1 2 3 4 5 | _____ |
| 5. The position provides my kind of intellectual stimulation.
0 1 2 3 4 5 | _____ |
| 6. The position allows me to work in appealing areas of the law.
0 1 2 3 4 5 | _____ |
| 7. The position meets my definition of social value.
0 1 2 3 4 5 | _____ |
| 8. The position gives me the means to feel effective.
0 1 2 3 4 5 | _____ |
| 9. The position makes me feel good when I tell others what I do.
0 1 2 3 4 5 | _____ |
| 10. The position provides necessary and appropriate compensation.
0 1 2 3 4 5 | _____ |
| 11. The position allows sufficient time and energy for a personal life.
0 1 2 3 4 5 | _____ |
| 12. The position provides the company of people I enjoy.
0 1 2 3 4 5 | _____ |
| 13. The position provides the right mix of formality and congeniality.
0 1 2 3 4 5 | _____ |
| 14. The position meets my requirements for comfort and aesthetics.
0 1 2 3 4 5 | _____ |
| 15. The position provides acceptable work facilities and staff support.
0 1 2 3 4 5 | _____ |
| 16. The position provides reliable evaluation and review.
0 1 2 3 4 5 | _____ |
| 17. The position is in the right geographical location.
0 1 2 3 4 5 | _____ |
| 18. The position is located so that transportation to work is not a problem.
0 1 2 3 4 5 | _____ |
| 19. The position provides a good mix of responsibility and supervision.
0 1 2 3 4 5 | _____ |
| 20. The position provides participation in goal setting/management.
0 1 2 3 4 5 | _____ |
| Total | _____ |

The highest possible total is 100. But because true job satisfaction is difficult (maybe impossible) to quantify, this exercise merely provides a subjective picture of your current situation. But even this can be revealing. Often, the evaluation of your current situation will highlight sources of job dissatisfaction for the first time. You may even discover that your dissatisfaction is not with the position at all, but with some other source that you have been unwilling to acknowledge.